Nothing is absolute in motion except the mutual separation of two moving bodies. Moreover, that one of the bodies is said to move, and the other to be at rest is relative, and depends on our conception, as is the case with respect to the motion called local. Thus when I walk on the Earth, whatever is absolute or real and positive in that motion consists in the separation of the surface of my foot from the surface of the Earth, which is no less in the Earth than in me. It was in this sense that I said that there is nothing real and positive in motion which is not in rest [see Pr I 29-30]. When, however, I said that motion and rest are contrary, I understood this with respect to a single body, which is in contrary modes when its surface is separated from another body and when it is not. . . . Motion and rest differ truly and modally [modaliter] if by motion is understood the mutual separation of two bodies and by rest the lack [negatio] of this separation. However, when one of two bodies which are separating mutually is said to move, and the other to be at rest, in this sense motion and rest differ only in reason [ratione]. (AT XI 656-57)